

Mall Walking in Winnipeg

Where?	What?	When?	Special Notes	Contact
<u>Cityplace Shopping Centre</u>	<ul style="list-style-type: none"> - No formal program - Connected to the skywalk system 	<p>Skywalk: Open 7 days/week 7am-12:30am. Donald St. doors open 24 hours/day with security</p> <p>Mall: Mon-Sat 10-6pm Sun 12-5pm</p>		<p>Downtown (333 St. Mary Ave. at Hargrave) 204-989-1800</p>
<u>Garden City Shopping Centre</u>	<ul style="list-style-type: none"> - No formal program 	<p>Mon-Sat 7-9:30am Sun 9-11am</p>	<ul style="list-style-type: none"> - Use Smitty's entrance door - Coat rack provided by the food court 	<p>Garden City Maples Seven Oaks (McPhillips St. and Leila Ave.) 204-338-7076</p>
<u>Grant Park Shopping Centre</u>	<ul style="list-style-type: none"> - No formal program 	<p>Mon-Sat open at 6am Sun open at 8am</p>	<ul style="list-style-type: none"> - No lockers available - 24 hour security if you need help or have questions 	<p>River Heights (1120 Grant) 204-475-8556</p>

<u>Kildonan Place</u>	<ul style="list-style-type: none"> - Formal program: <i>Trekkers & Strollers</i> - Newsletters are published - Open to all ages - Club breakfasts are hosted with guest speakers throughout the year 	<p>Mon-Fri 7-10am Sat 8-10am Sun 9-12am</p> <p>Enter at the back door, registration tag is required</p>	<ul style="list-style-type: none"> - Pick up and sign waiver at customer service - Get registration tag from the office (open Monday-Friday 8am-5pm) - Coat rack available in winter 	<p>Transcona (1555 Regent Ave.) 204-661-6116</p>
<u>Northgate Shopping Centre</u>	<ul style="list-style-type: none"> - No formal program 	<p>Mon-Sat 7:30am Sun 11:30am</p>	<ul style="list-style-type: none"> - Coat rack provided 	<p>North End Maples (1399 McPhillips) 204-339-1641</p>
<u>Park West Mall</u>	<ul style="list-style-type: none"> - No formal program 	<p>Doors open at 7am</p>		<p>Charleswood (6650 Roblin Blvd.) 204-958-4822</p>
<u>Polo Park Shopping Centre</u>	<ul style="list-style-type: none"> - No formal program 	<p>All mall doors open... Mon-Sat 7am Sun 11am</p>	<ul style="list-style-type: none"> - Coat rack provided on 2nd floor (unsecure) - Customer service desk opens at 9:30am - \$1.00 donation for them to hold any valuables - Distance maps available online at polopark.ca > guest services > walk the mall 	<p>St. James (1485 Portage Ave.) 204-784-2500</p>

<p><u>Portage Place Shopping Centre</u></p>	<ul style="list-style-type: none"> - Portage Place <i>in motion</i> program – <i>The Walkabouts</i> - Open to all ages 	<p>Walkabouts meet Mon/Wed/Fri at 1:00pm on 3rd floor</p> <p>Skywalk open 7 days/week 7am-12:30am</p>	<ul style="list-style-type: none"> - Walkabouts – pick up waiver and pamphlets at Customer Service Centre - Incentives offered to regular walkers - Coat rack provided - Additional resources available at www.winnipeginmotion.ca for independent walkers 	<p>Downtown (393 Portage Ave.)</p> <p>204-925-4636</p>
<p><u>St. Vital Shopping Centre</u></p>	<ul style="list-style-type: none"> - No formal program 	<p>Mon-Sat 9am Sun 10am</p>		<p>St. Vital (St. Mary's Rd. and Bishop Grandin Blvd.)</p> <p>204-257-4449</p>
<p><u>Winnipeg Square</u> (Lower level – Southwest corner of Portage and Main)</p>	<ul style="list-style-type: none"> - No formal program - Connected to the skywalk system 	<p>Skywalk open 7 days/week 7am-12:30pm</p>		<p>Downtown (St. Mary's Rd. and Bishop Grandin Blvd.)</p> <p>204-949-7140</p>